



## 10 Advantages and Disadvantages of smart phones

### Description

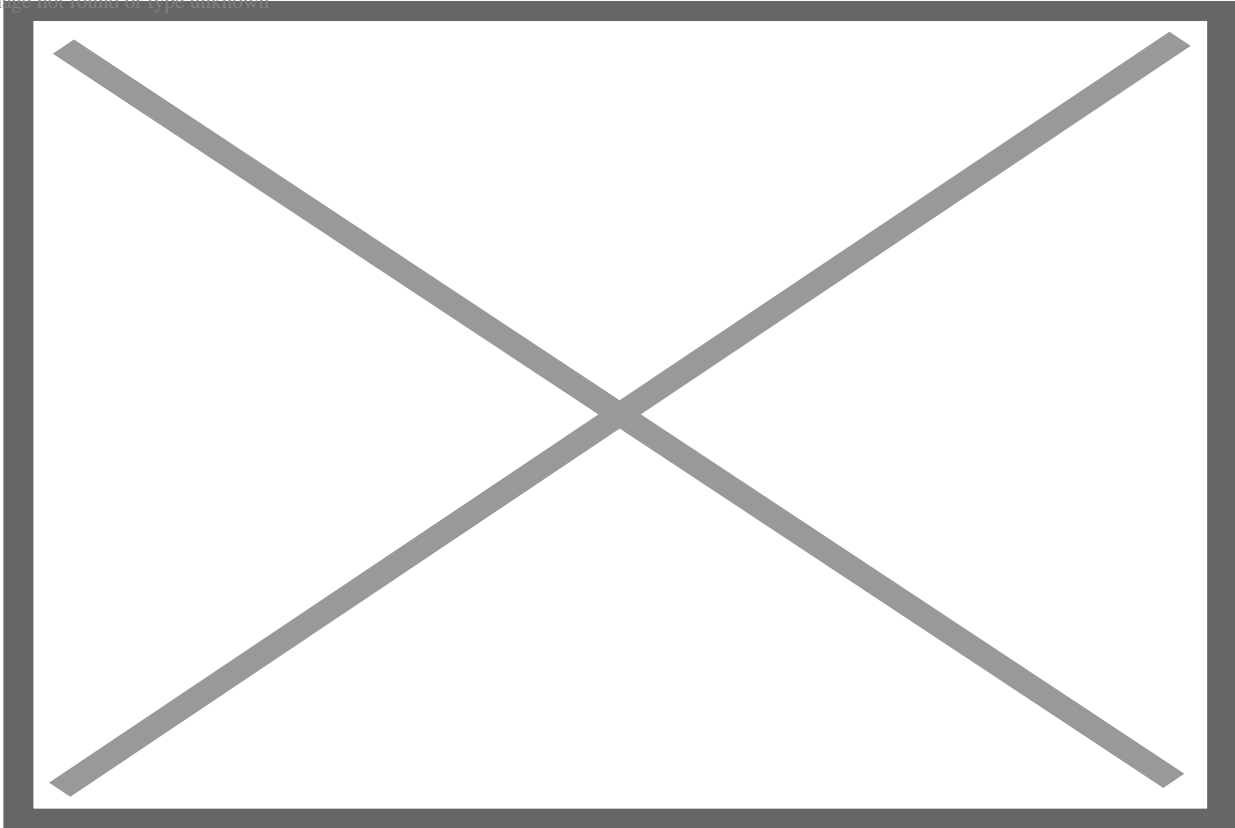
# Advantages and Disadvantages of smart phones

### *Introduction:*

What are the advantages and disadvantages of smart phones? These days, smartphones have become an integral part of our lives. People are spending more time than anything or anyone on smartphones.

It has changed our lives completely. It not only made us dependent to some extent, but also on a small device. So, it is obvious to know the advantages and disadvantages of smartphones.

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## What is a smartphone?

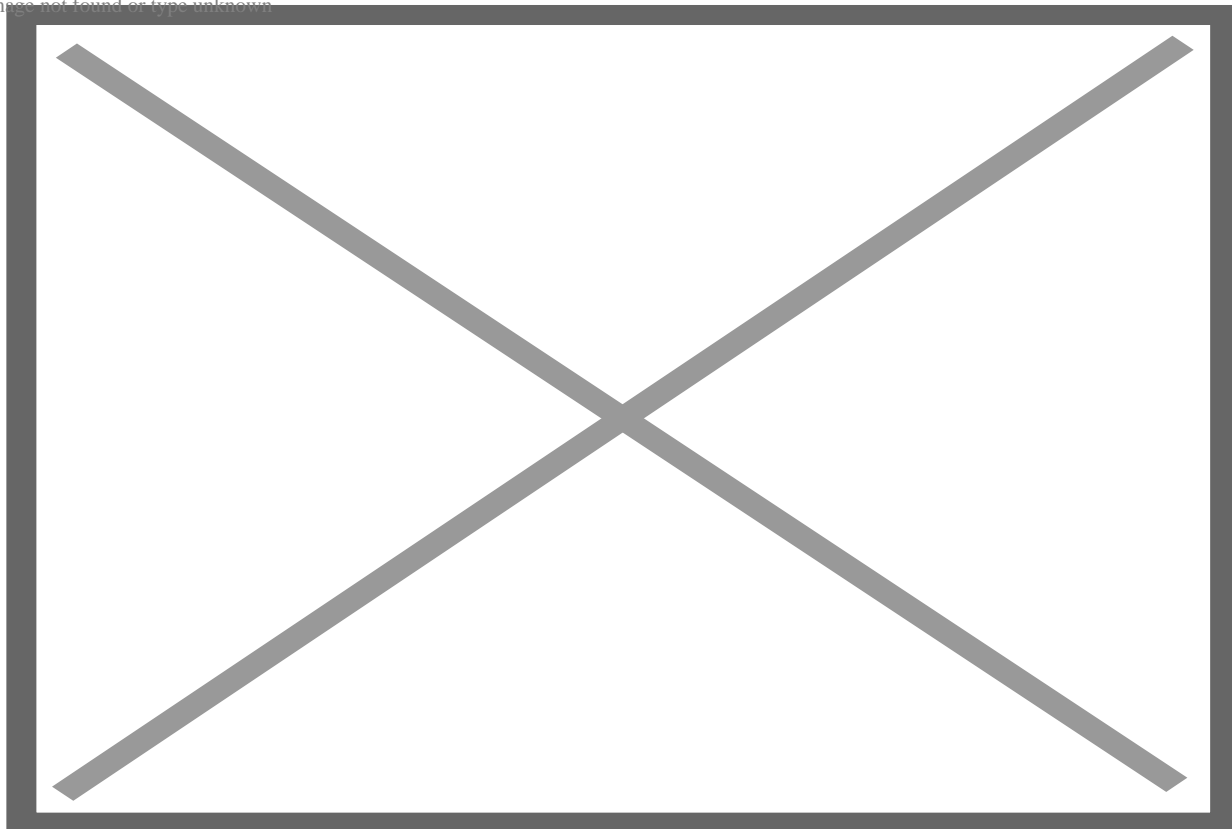
A smartphone is a type of cell phone that can perform the work of a computer. Smartphones are phones with superior technology. It comes with a touch-screen facility, and the user can access many applications like web browsing, social media, purchasing from e-commerce platforms, etc. It has become an integral part of our lives. These days, it has become so important for us that our day starts and ends with checking our smartphones.

Let us discuss in detail the advantages and disadvantages of smart phones:

### ***Advantages of Using a Smartphone***

- Smartphones are loaded with different apps or applications. Using these apps, we can read or listen to the news, play games, and purchase anything.
- Smartphones nowadays come with high-quality cameras for pictures and video recording. We can capture any moment of our lives immediately.
- We can search for any information on the internet at any time. This is probably the best use of smartphones.

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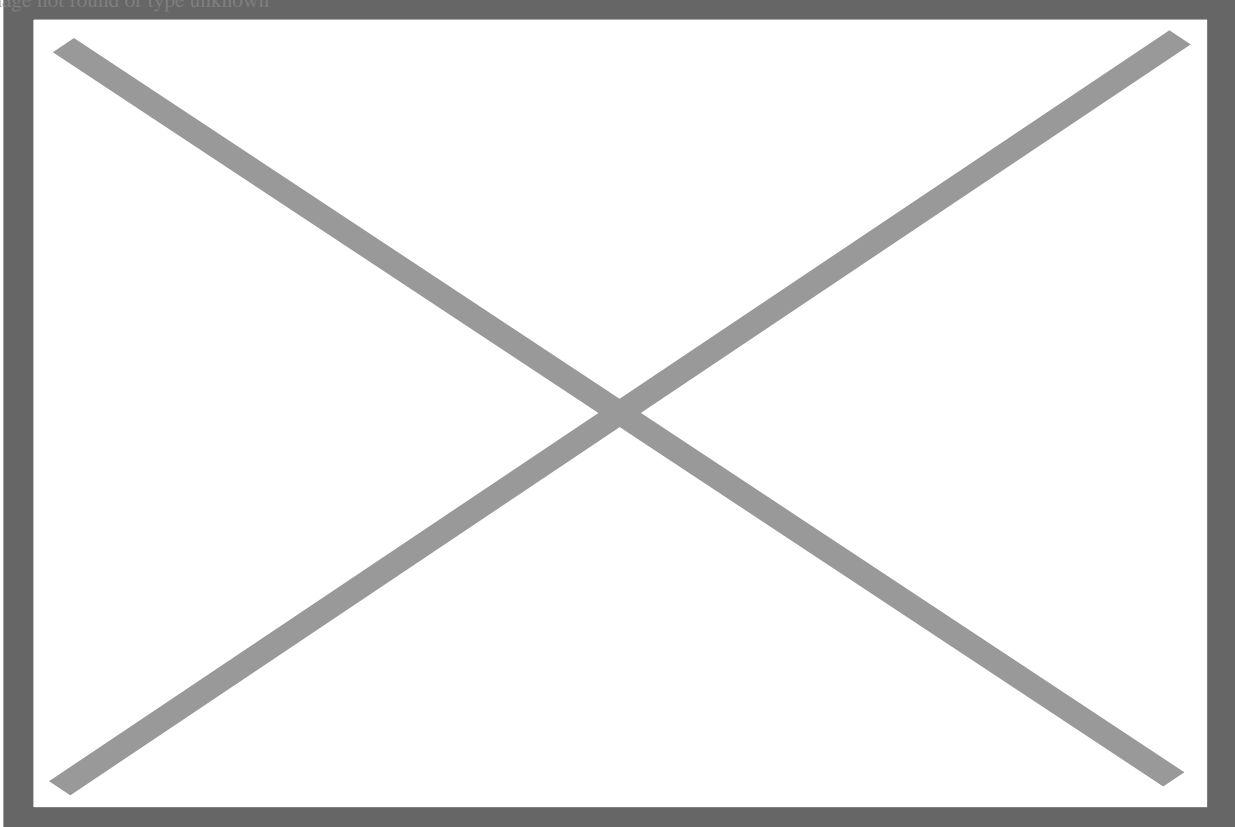
- Smartphones bring lots of social media platforms, like WhatsApp. It helps us get connected to our family and friends and share information easily.
- Now, apps like Phone Pay and Paytm are available. They help us transfer money or pay our bills easily.
- There is a variety of other software, like a calculator, radio, voice recorder, calendar, etc., that comes with the smartphone. They make our lives easier.
- Smartphones have democratised education. Using smartphones, a student can get an education with a very nominal investment. With a cheap mobile phone and an internet connection, a poor student sitting in a far-flung area is now fulfilling his dreams.
- Smartphones have created millions of jobs across the world. There are thousands of apps like Zomato, Swiggy, and Ola available in the Play Store, through which many people earn their livelihood.
- Entertainment is now under your palm; with just one click, we can watch movies, cricket, or our favourite web series on Netflix or Hotstar.
- It is good for security purposes as well. Now parents can get connected with their children, especially girls. There is an emergency SOS number available on smartphones. Anyone in trouble can reach out for immediate help.

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## ***Disadvantages of Using a Smartphone***

- We have become dependent on smartphones. It has become such an important part of our lives that we cannot survive without it.
- Smartphones are damaging relationships. People are only involved in themselves. They have stopped paying attention to other people around them.
- It has become a threat to privacy. A smartphone tracks all our activities, what we are searching for, our purchases, and the places we have visited. Which is not right.

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- It is creating health issues. Too much use of smartphones is creating the problem of neck and back pain. And damaging our eyes. It also disturbs the sleeping pattern.
- Several people are found wasting their valuable time on a smartphone by playing games or chatting with friends. This time can be used for productive work.
- The life span of a smartphone is 2–3 years. The technology of smartphones is upgrading very fast. Every week, many smartphones are launched. It forces us to buy a new one.
- Every time, new notifications for the different apps are coming. It creates unnecessary distractions and has led to a decrease in focus for humans.
- Smartphones are causing many accidents. People drive while talking on their phones, which causes distraction.
- Many children are getting violent through games like PUBG and Free Fire. Sometimes we hear the news of aggressive behaviour from children if they are told to stop playing.
- These days, fake news is easily spread using smartphones. People forward any post without verifying it. This sometimes disturbs tension in society.

## Conclusion: Advantages and Disadvantages of smart phones

A knife can be used to cut vegetables, and the same can cut our fingers if we use it carelessly. Smartphones are undoubtedly the best invention of recent times and have changed human life completely. But it is also important that we use it smartly. Otherwise, it will do more harm to us. There is a need to learn self-control and be disciplined while using smartphones.

### External Links:

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